

POND SQUARE DENTAL

CHILDREN'S METAL CROWNS (HALL TECHNIQUE)

What is the Hall Technique?

The Hall Technique is a modern, evidence-based way of treating tooth decay in children's back (baby) teeth. Instead of removing decay with drilling, a stainless steel crown is placed over the tooth. This seals the decay, stopping it from progressing and protecting the tooth until it naturally falls out.

Why is this recommended?

Tooth decay in baby teeth can spread quickly and lead to pain or infection. The Hall Technique is often recommended because it stops decay effectively, avoids drilling and injections, is less stressful for children, and is often more reliable than fillings.

Is my child suitable?

This treatment is suitable if the tooth has decay without signs of infection and is expected to remain for a few years. It may not be suitable if there is pain, swelling, or very advanced decay. Your dentist will assess this before recommending treatment.

What are the alternatives?

Alternatives include a filling (which involves drilling and possibly injections), extraction (removal of the tooth), or monitoring (which may allow decay to worsen). Your dentist will advise what is most appropriate.

What happens during the appointment?

The dentist selects the correct crown size and gently fits it over the tooth using dental cement. Sometimes small separators are placed beforehand. No drilling or injections are needed.

What will my child feel?

Your child may feel pressure during placement. Afterwards, the bite may feel slightly different for a few days, but usually settles quickly.



What does the crown look like?

The crown is silver in colour and placed on a back tooth, so it is not usually visible when smiling.

How successful is it?

The Hall Technique is highly successful at stopping decay and is often more durable than fillings in baby teeth.

Are there any risks?

The crown may feel slightly high at first, and food can occasionally get trapped. Rarely, the tooth may still develop problems if decay progresses underneath.

How do we look after it?

Brush twice daily with fluoride toothpaste, clean carefully around the crown, limit sugary foods and attend regular check-ups.

How long will it last?

The crown stays in place until the baby tooth naturally falls out.

LOVE YOUR SMILE