

# POND SQUARE DENTAL

## MASSETER BOTOX

Facial pain, facial tension, teeth grinding and clenching, botox injections in the jaw can aid with all of them. Botox works by relaxing the masseter muscles, which can help prevent involuntary teeth grinding and jaw clenching. As the treatment progresses, the masseter muscles may reduce in size, leading to a less square jaw appearance. Upon request, the technique in which botox is injected can be altered to also achieve face slimming effects.

## TEETH GRINDING – BRUXISM

If you frequently grind your teeth, you may have a condition known as bruxism. It may lead to issues such as jaw pain, headaches, erosion of tooth enamel, sensitivity in the gums, or chipped teeth. Botox is an effective treatment for teeth grinding.

## TMJ

TMJ disorder leads to jaw inflammation. It can result in headaches, dizziness, hearing issues, and pain during chewing. This condition may be caused by ongoing bruxism. Botox can help aid jaw inflammation and alleviate the symptoms.

## TREATMENT

- **Consultation:** The process begins with a consultation with our dental surgeon. During this meeting, you will discuss your specific goals and concerns, and the surgeon will evaluate whether you are a suitable candidate for Botox treatment in the masseter area.
- **Preparation:** On the day of the treatment, the area around your masseter muscles will be thoroughly cleansed. The surgeon may also mark the injection sites to ensure precision during the procedure.
- **Injection:** Using a very fine needle, the dental surgeon will inject small amounts of Botox into the masseter muscles. This process is typically quick and is aimed at relaxing the muscles responsible for clenching and grinding.
- **Procedure Duration:** The entire procedure usually takes about 20-30 minutes.
- **Recovery:** One of the advantages of Botox treatment is that there is usually no downtime. You can resume your normal activities immediately after the procedure.
- **Results:** Initial results can be noticed within 3-7 days, with the full effects developing over about 14 days.
- **Longevity of Results:** The effects of the treatment are temporary and typically last for about 3-4 months. To maintain results, you may need to repeat the treatment 1-2 times, particularly if you are trying to break a habitual cycle of clenching due to stress.

Overall, Masseter Botox is a minimally invasive procedure that can provide relief from jaw tension and improve the aesthetic appearance of the jawline.

LOVE YOUR SMILE

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