

POND SQUARE DENTAL

INSTRUCTIONS FOLLOWING NON-SURGICAL PERIODONTAL TREATMENT

- Avoid eating until the numbness wears off.
- You may expect some discomfort or soreness for the first 48 hours.
- Slight bleeding may continue for several hours following the procedure, this is to be expected.
- Please refrain from smoking for 24 hours or longer after the procedure. Tobacco interferes with the healing of your gums.
- Do not refrain from brushing or using interdental cleaning aids after the treatment.
- Use interdental brushes between your teeth, as instructed
- Brush 2 times a day for at least 3 minutes
- Use Corsodyl 0.2% mouthwash, 2 times a day, or Corsodyl Gel applied on the interdental brushes, until you return for your periodontal review.
- Use antibiotic -if prescribed- as per the recommendations:
- If in pain, use pain control medication as you would for a headache. A couple of paracetamol or ibuprofen will eliminate any discomfort.
- Sensitivity to cold or touch may temporarily occur but should reduce in a few days.

LOVE YOUR SMILE